**Year 11 GCSE PE – Shadow Curriculum**

**Term 4**

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| **Date:** | **Topic:** | **Objective:** | **Task and Resources:** |
| 02/03 | Chapter 1b revision | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 10 – 13.  Please see Show My HW for resources and power point. |
| 09/03 | Chapter 1b revision | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 14 – 18.  Please see Show My HW for resources and power point. |
| 16/03 | Chapter 1c revision | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 19 – 26.  Please see Show My HW for resources and power point. |
| 23/03 | Chapter 2 - Levers | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 27 – 30.  Please see Show My HW for resources and power point. |
| 30/03 | Chapter 2 – Planes and Axes | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 31 – 41.  Please see Show My HW for resources and power point. |
| 06/04 | Chapter 3 – Physical Training and fitness Tests | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 42 – 60.  Please see Show My HW for resources and power point. |
|  | Chapter 3 – Types of Training | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 63 – 78.  Please see Show My HW for resources and power point. |