**Year 11 GCSE PE – Working from Home**

**January – February 2023**

**Term 4**

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| **Date:** | **Topic:** | **Objective:** | **Task and Resources:**  |
| 3/1 | Chapter 5b - commercialisation  | Understand the golden triangle | Read and answer questions in the AQA PE Textbook p118/p120 ‘Check your understanding’ questionsPlease see Show My HW for resources and power point.  |
| 9/1 | Chapter 5b - technology  | Technological developments in sport | Read and answer questions in the AQA PE Textbook from page p125Please see Show My HW for resources and power point.  |
| 16/1 | Chapter 6 - Diet  | Obesity/BMI | Read and answer questions in the AQA PE Textbook from page 139-142 Q’s p144Please see Show My HW for resources and power point.  |
| 23/1 | Chapter 6 - continued | Somatotypes for sport | Read and answer questions in the AQA PE Textbook from page 144 – 148Please see Show My HW for resources and power point.  |
| 30/1 | Chapter 6 – continued | Diets/sports specialised diets | Read and answer questions in the AQA PE Textbook from page 150 – 153.Please see Show My HW for resources and power point.  |
| 6/2 | Coursework review  | Pupils to review coursework  | Write up final copy for submission |
| 13/2 | Coursework submission | Continue final preparation | Completion of work to be handed in to LRY by Friday 17th February |