**Year 11 GCSE PE – Working from Home**

**Febrauary and March 2022**

**Term 4**

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| **Date:** | **Topic:** | **Objective:** | **Task and Resources:**  |
| 28/2 | Chapter 2 - Levers | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 27 – 30.Please see Show My HW for resources and power point.  |
| 7/3 | Chapter 2 – Planes and Axes  | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 31 – 41.Please see Show My HW for resources and power point.  |
| 14/3 | Chapter 3 – Physical Training and fitness Tests  | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW |  Read and answer questions in the AQA PE Textbook from page 42 – 60.Please see Show My HW for resources and power point.  |
| 21/3 | Chapter 3 – Types of Training  | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 63 – 78.Please see Show My HW for resources and power point.  |
| 28/3 | Chapter 4 – Sports Psych and classification of skills  | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 79 – 83.Please see Show My HW for resources and power point.  |
| 4/04 | Chapter 4 – Goal Setting and Info Processing | Complete your own revision notes, mind maps, questions on this topic. Be sure to use text book and resources I upload to SMHW | Read and answer questions in the AQA PE Textbook from page 84 – 87.Please see Show My HW for resources and power point.  |
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