**GCSE YR 10 SOW Theory – LRY - September**

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| **Date** | **Lesson** | **Space** | **Homework** |
| **Before Summer** | Introduction to GCSE - Grade boundaries/ homework commitments / practical commitments / percentage breakdown | DT6 | Label the skeleton |
| **09/09** | **1a** – Starter label the skeleton. Functions and structure of the skeleton **(use power point stop at slide 21).** | DT6 | Label and draw a synovial joint using p3 |
| **16/09** | **1a** – Start at slide 22, name and label the muscles worksheet, recap H/W and add detail to synovial joint. Notes on other joints, start movement if time. | DT6 | Movement application worksheet |
| **23/09** | **1a** – recap movement add detail. Agonist pairs, muscle contraction. **Slide 37-40**. Movement analysis, go into detail use all the sporting examples. **Slide 41 till the end.**  **Extension – exam questions.** | DT6 | Revise for **1a Test** |
| **30/09** | **1a Topic** **Test** | DT6 | Label the respiratory system |