

5<sup>th</sup> February 2024

Dear Parents / Carers,

Your son / daughter has been offered the opportunity to include climbing as part of the Outdoor and Adventurous Activity module in their PE lesson. The sessions will take place in your child's double PE lesson at Far Peak Climbing Centre in Northleach. This opportunity will enable students to embrace the challenge of a new activity off site developing both their physical skills as well as teamwork, resilience and character building.

Students will have the opportunity of taking part in one - two off site climbing / bouldering sessions during their PE lesson. It is optional and free of charge to take part as we have some funding available to cover the costs for all students in the Year 7 mixed PE groups if they wish to. There will be experienced qualified instructors from the climbing centre leading the sessions.

Students will need to wear smart PE kit, including black leggings or tracksuit bottoms rather than shorts / skirts. Please could you ensure they have a water bottle and a coat as some sessions may be outside depending on the weather. The students will be transported to the centre in the minibus and will return before the end of the school day so they can make their normal journey home from school.

Half the PE group will take part in the climbing activity whilst the other half will remain on site and participate in their normal PE lesson. Once we have had consent forms completed we will let the students know which group they will be in and the dates they will be climbing. Students going off site will need to meet in PE at the earlier time of 1.15pm as we will need to leave school before the end of lunchtime.

If your child would like to take part in this exciting opportunity please complete the attached consent and medical form or the online consent/medical form by 9am on Tuesday 20<sup>th</sup> February 2024. The dates we are planning the sessions are detailed below:

Weds 28<sup>th</sup> February Group 1 x 12  
Thurs 29<sup>th</sup> February Group 2 x 12

Weds 6<sup>th</sup> March INSET DAY  
Thurs 7<sup>th</sup> March Group 2 x 12

Weds 13<sup>th</sup> March Group 1 x 12  
Thurs 14<sup>th</sup> March Group 4 x 12

Weds 20<sup>th</sup> March Group 3 x 12  
Thurs 21<sup>st</sup> March Group 4 x 12

Yours sincerely,

Mrs H Pauling  
School Games Organiser

Mr P Hamblin  
Head of PE