



Striving for Excellence

Cirencester Kingshill School

Head: Christine S. Oates

September 2022

Dear Parent/Carer,

FREE PARENT SUPPORT GROUPS STARTING NOVEMBER 2022 led by TIC+

Teens in Crisis provide support to both parents and children. They have contacted us this week to let us know of some Parent Support Groups they will be offering in November 2022. These are running in Cheltenham, Gloucester, Stroud as well as remotely from November 2022. They take place over a course of 6 weeks, for parents/carers of children between the ages of 11-18 within Gloucestershire. To book a place click on the Eventbrite link.

Dates	Day	Time	Location	Eventbrite Link
1/11/22 - 6/12/22	Tues	10:30am - 12:00pm	Gloucester Morning	https://www.eventbrite.co.uk/e/414025771227
1/11/22 - 6/12/22	Tues	10:30am-12:00pm	Stroud Morning	https://www.eventbrite.co.uk/e/414106492667
2/11/22 - 7/12/22	Wed	7:00pm - 8:30pm	Cheltenham Evening	https://www.eventbrite.co.uk/e/414139952747
9/11/22 - 14/12/22	Wed	1:15pm - 2:45pm	Zoom Afternoon	https://www.eventbrite.co.uk/e/414062370697
9/11/22 - 14/12/22	Wed	7:00pm - 8:30pm	Zoom Evening	https://www.eventbrite.co.uk/e/412818430037

The groups are designed to inform and support parents, helping them to understand their child's distress and discover effective strategies to improve their resilience. The group is also an opportunity for parents going through similar experiences to encourage, support and learn from each other in a safe and friendly environment.

All details are on their website under the following link: <https://www.ticplus.org.uk/parents-carers/parent-carer-support-groups/>

Future dates for January 2023 will be added within the next month.

I hope these groups may be useful to some of you.

Yours sincerely,

Mrs D Christopher
Senior Assistant Head and DSL

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