

PHYSICAL EDUCATION

Teacher in charge: Mr P. Hamblin

Aims

- To help pupils to explain where skills are linked and how they are different between sports or physical activities
- To encourage pupils to think how they can adapt to a variety of new situations with consistency and effectiveness
- To allow pupils to volunteer for a variety of leadership roles
- To encourage pupils to offer advice to others when learning new or challenging physical skills
- To insist all pupils aim to achieve improvements in all areas of Physical Education
- To help pupils to evaluate the work of others by pupils providing positive feedback and suggestions of correct actions for improvement. Pupils will be given the chance to use ICT when performing this
- To encourage pupils to plan and lead a session to include a warm up, development practice and game
- To ensure all pupils understand the need for regular participation in sport or physical activity in and out of the curriculum / school
- To help pupils to understand the need for different types of training specific to different activity levels and lifestyles

Course Description – Theme: Manage self and others to plan and answer challenges

Pupils will experience the following activities:

Basketball	Dance	Gymnastics
Rugby	Touch Rugby	Football
Netball	Tennis	Athletics
Cricket	Rounders	Badminton
Softball	Outdoor and Adventurous Activities	
Trampolining	Health Related Fitness	Handball

Assessment

Each activity block will focus on targeted 'Physical Learning and Thinking skills' that are linked to Physical Education core tasks.

Pupils will be assessed at the end of each activity block (four weeks) and will be given an attainment statement that is in line with their individual pathway. This identifies if the pupil is working above, at or below their expected level.

There are four pathways that identify the level that each pupil is able to perform at, these include:

Level 1 'Foundation' - Development of knowledge and the performance of simple skills.

Level 2 'Secure' - Demonstrate strategies to achieve success when applying core skills.

Level 3 'Confident' - Pupils adopt different roles and responsibilities and lead by example.

Level 4 'Exceptional' – Pupils show an advanced range of core skills within all aspects of P.E.

Each pupil will complete a self-assessment that will provide a record of their own progress from Year 8. This will also prepare pupils to access the KS4 P.E / Sport curriculum.