WEEKLY	Cirencester K	ingshill School -	Week One	
Monday Sweet & Sour Chicken	Tuesday Beef Lasagne	Roast Chicken & Lemon & Thyme Stuffing	Thurstians Sausage & Creamy Mash Potato	Breaded Fish or Cumberland Sausages
Chinese Quorn Chicken Sweet & Sour	Mediterranean Vegetable & Bean Chilli	Roast Summer Vegetable & Chickpea Parcels	Quorn Sausage toad in the hole	Spicy Bean Burrito
Egg Fried Rice & Prawn Crackers	Served with Salad & Garlic Bread	Served with Roast Potatoes & Vegetables	Served with onion Gravy & Peas	Served with Chips, Peas or Beans
				HARRISON food with thought

.

WEEKLY Monday	Cirencester K Tuesday	Cingshill School - Y Wednesday	Week Two Thursday	Friday
Beef & Vegetable Tacos	Chicken Fajitas	Roast Gammon	Chicken Curry & Pilau Rice	Breaded Fish or Pepperoni Pizza
Veggie Tacos	Quorn & Vegetable Fajitas	Leek & Feta Parcel	Butternut, Chickpea & Spinach Curry	Cheesy Bean Wrap
Salad or Coleslaw	Corn on the Cob or Salad	Roast Potatoes & Carrots	Poppadoms, Mango Chutney	Chips, Beans or Peas
				HARRISON food with thought

*

WEEKLY	C irencester F	Cingshill School -	Week 3	
Monday Chilli Con Carne	Tuesday BBQ Pulled Pork Wrap	Wednesday Roast Pork & Apple Sauce	Thursday Chicken Tikka Masala	Friday Breaded Fish
Quorn Con Carne	Jackfruit BBQ Wraps	Quorn Roast	Vegan Chickpea Curry	Macaroni Cheese & Garlic Bread
Served with Rice or Salad	Served with Cajun Sweet Potato Wedges	Served with Roast Potato and Vegetables	Served with Rice, Poppadoms & Mango Chutney	Served with Chips, Peas or Beans
				5 1 1 1 1 1 1 1 1 1 1
				HARRISON food with thought